

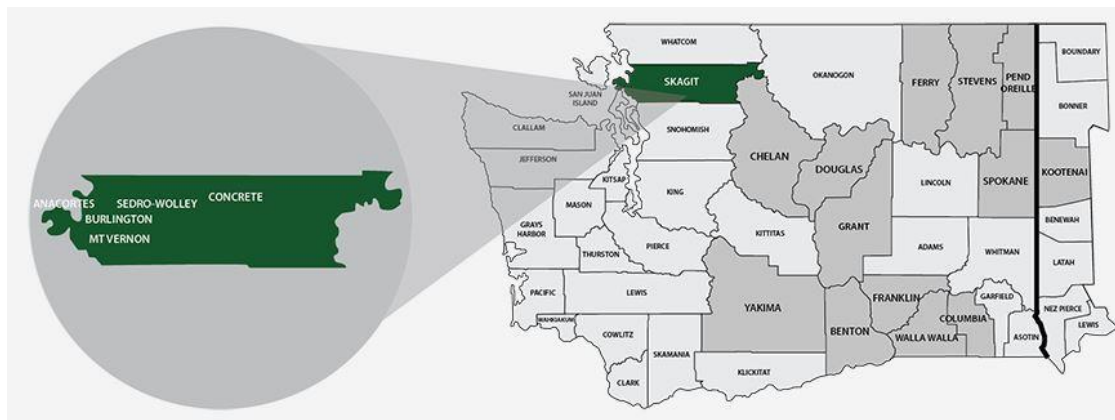


## Population Health Trust February Newsletter

*Community Advisory Board to the Skagit County Board of Health*

February 27, 2024

This year is a leap year, which means an extra day in February. While there are many things you could do with your bonus day, perhaps you will consider spending a few minutes of it by visiting the [Skagit Trends](#) website.



The goal of Skagit Trends is to provide current and relevant data through an easily navigable website to anyone seeking to learn about the health and prosperity of Skagit. The data is always up to date, features verified sources, and provides an unbiased foundation for decision making.

To get a clear picture of our community's health and wellness needs and develop plans to improve community health, the Trust uses a combination of qualitative data collection (surveys, interviews, focus groups) paired with quantitative data (rates of disease, demographic data, and other indicators of health). The Skagit Trends site is regularly accessed by Trust members when making decisions as a group or on behalf of their respective organizations. Recognizing the importance of data in decision-making, the Trust sponsors the site, ensuring that it is an accessible resource for everyone at no cost.

The site features over 170 unique indicators specific to our county. Indicators are grouped into categories such as health, environment, housing, transit, economic, and agriculture, just to name

a few. Additionally, you can [sign up for the Trends blog](#) to receive notifications when specific indicators are updated. Most recently, data related to the share of Skagit households with [broadband access](#), the adult population with [some college education](#), and the number of adults with a [personal health care provider](#), were updated.

We hope you'll check it out sometime! Maybe a review of the data will provide you with perspective on the news of the day or on an issue your organization is grappling with.

Do you have suggestions for future indicators or questions about the data? Contact Kristen Ekstran at [kekstran@co.skagit.wa.us](mailto:kekstran@co.skagit.wa.us) or (360) 416-1500.

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Thank you for your partnership in keeping Skagit County healthy!



The Population Health Trust was founded in 2015 and is the Community Advisory Board to the Skagit County Board of Health. For more information, check out our [website](#).

**Population Health Trust**

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